

Practical Life Pouring Set

Activity Sheet · 1–3 yrs · Practical Life

Core Concept

Real work with real tools builds concentration, coordination, and self-esteem.

Four Guided Activities

Dry Pour. Begin with rice or lentils. Fill one pitcher. Model a slow pour into the other. Invite your toddler to repeat.

Water Pour. Progress to water with a few drops of food colour. Place a small sponge nearby for spills.

Two Cups. Set out two cups. Pour equal amounts into each. This introduces conservation of quantity.

Self-Serve Snack. Use the set at snack time — water, milk, or juice. Real purpose deepens engagement.

Developmental Milestones to Observe

- Grasps pitcher handle firmly
- Pours without lifting arm too high
- Cleans up spills independently
- Chooses the work spontaneously

Observation Journal

Use the boxes below over a two-week period. One line per session.

Date	Session length	What absorbed them	Next presentation